

St Benedict's Parish Arcadia

*To listen gladly to Holy reading.
Rule of St Benedict, Chapter 4*



COVID-19 RESTRICTIONS UPDATE:

MASSES SUSPENDED UNTIL FURTHER NOTICE.

*Please use QR CODE provided
or write your name and phone
number when you enter Church
after sanitizing.*



PARISH MASSES

Weekend Mass:

Saturday 7:00pm
Sunday 9:00am
Sunday 10:30am
Sunday Latin 4.30pm

Weekday Mass:

Mondays to Thursdays 9:30am
Fridays 7:00pm followed by Confession
First Friday of the month 6.30pm Adoration

MONASTERY CHAPEL Mass

Sundays 7:00am
Daily 7:00am

Please contact Father Hilarion for the following:

**BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS**

Fr Hilarion: 0478 909 541

St Mary of the Cross Year B

7 & 8 August 2021

Entrance Procession

Come, you blessed of my Father, says the Lord:
I was sick, and you visited me.
Amen, I say to you: whatever you did
for one of the least of my brethren,
you did it for me.

First Reading

1 Kings 17:8-16 (JB)

A reading from the first book of Kings
The jar of meal shall not be spent

Responsorial Psalm

R. My soul clings to you; your right hand holds me fast.

Second Reading

Colossians 3:12-17 (JB)

A reading from the letter of St Paul to the Colossians
Bear with one another, forgive each other.

Gospel Acclamation

Alleluia, alleluia!

Many women were there by the cross,
watching from a distance,
the same women who had followed Jesus
and looked after him.

Alleluia!

Gospel

John 6:24-35 (JB)

A reading from the holy Gospel according to John
*Whoever comes to me will never be hungry; whoever believes
in me will never thirst.*

Communion Antiphon

This is how all will know that you are my disciples,
if you have love for one another, says the Lord.

Gospel reading for this Week

Matthew 6:25-34 (JB)

A reading from the holy Gospel according to Matthew
Do not worry about your life.

Jesus said to his disciples:

That is why I am telling you not to worry about your life and what you are to eat, nor about your body and how you are to clothe it. Surely life means more than food, and the body more than clothing!

Look at the birds in the sky.

They do not sow or reap or gather into barns; yet your heavenly Father feeds them.

Are you not worth much more than they are?

Can any of you, for all his worrying, add one single cubit to his span of life?

And why worry about clothing?

Think of the flowers growing in the fields; they never have to work or spin;

yet I assure you that not even Solomon in all his regalia was robed like one of these.

Now if that is how God clothes the grass in the field

which is there today and thrown into the furnace tomorrow,

will he not much more look after you, you men of little faith?

So do not worry; do not say, "What are we to eat?"

What are we to drink? How are we to be clothed?"

It is the pagans who set their hearts on all these things.

Your heavenly Father knows you need them all.

Set your hearts on his kingdom first, and on his righteousness, and all these other things will be given you as well.

So do not worry about tomorrow; tomorrow will take care of itself.

Each day has enough trouble of its own.'



The Gospel of the Lord

Praise to you, Lord Jesus Christ.

The Jerusalem Bible translation of Scripture is used in the Australian Lectionary for Mass, Vols I, II and III (London: Collins Liturgical, 1981). Acknowledgement: The Scripture Readings are taken from the Jerusalem Bible © 1966, 1967, 1968 Darton, Longman & Todd Ltd and Doubleday and Co. Inc. Used by permission of the publishers. Liturgia Copyright 2020

GOSPEL REFLECTION

John 6:24-35 (JB)

The "Bread of Life" is a foretaste and a promise of life with God. When we receive the Body of Christ in Communion, we taste the Kingdom. We respond to the invitation of the Father to come to his table, we "feast" upon the life of his Son, and we "inebriate" ourselves with the Spirit. Although what we receive is veiled in the form of bread and wine, it points toward a time of fulfillment, when a new heaven and a new earth will appear, when God's people will be gathered to praise his name and live in his very life.

What spiritual experiences have you had in Communion? How has the Eucharist helped you live, renewed your faith, and given you hope?

What a life insurance policy Jesus offers us! In the bread and wine of Eucharist, he gives us the means to life everlasting. It is not a hedge against the unexpected, but a sure promise that we will live despite what will happen. The cost is so small, yet so few want to pay. It seems parting with our money is easier than parting with our trust. Yet, who else should we trust with our lives?

Who else should we trust?

On a piece of paper, write down a list of the people you trust in life in one column.

In the other column, write down why you trust them.

Where does God fit on that sheet?

Use this exercise as a reflection on the place of God in life and his offer to you that the Eucharist represents.

SAINT OF THE WEEK

Saint Clare, Virgin
c. 1193 - 1253

Feast Day: August 11



Patron Saint of embroiderers, goldsmiths, and laundry workers
She heard Francis, left comfort, and slept on the floor for forty-one years

Clare of Assisi was born about a decade after and in the same small town as Saint Francis. Many of Clare's earliest friends became nuns in her community, survived her, and gave testimony in her canonization process, reporting interesting details about her early life. Clare was from an economically comfortable family in the upper part of Assisi, in the neighborhood of the nobility. She had two younger sisters. Her mother was pious and had gone on long pilgrimages to holy shrines. Her household included knights and soldiers. From an early age she was interested in religious life and gave religious instruction to the many servants and others in her vast household. Clare was a prize to her father, as eligible daughters were like pawns whose marriages could seal alliances with other noble families. An Assisi marriage broker testified, after Clare's death, that he had approached Clare various times with offers of marriage from interested suitors. She turned him down each time and instead challenged the broker about the quality of his own Christian commitment. If Clare had never met Saint Francis, she may well have become a Benedictine nun in a convent for noble women, putting her education to good use in the copying of sacred manuscripts.

But she did meet Saint Francis, so her natural religiosity turned more radical. At the age of eighteen, Clare heard Francis preach in a local church and was deeply moved, as so many were, by his presence as much as his words. She began to meet with him privately to talk about the things of God and a new plan for her life. On Palm Sunday in Assisi, there was a tradition that eligible young ladies would process down the aisle of the Cathedral to receive a blessed palm branch from the Bishop's own hands. Interested local bachelors showed up to watch this kind of sacred debutante parade. Clare was in the Cathedral on Palm Sunday 1212, but she did not process with all the others. Instead, the Bishop, known to history as Guido, descended the sanctuary steps and extended a palm to her as she remained in her pew. Christ would be her spouse. Her plan was about to unfold.

That very night, Palm Sunday 1212, Clare secretly fled her family home and, with Francis' help, entered behind the barred doors of a local convent. She donned a rough habit and her hair was shorn. The men in her family were alarmed and rushed to bring her home and to her senses. Clare would not budge. As they tried to drag her out of the chapel, she grabbed the altar as an anchor and tore its linens to the floor. The men finally recognized the law of sanctuary and retreated. Clare never deviated from the path she chose that Palm Sunday night. Her close, holy relationship with Francis would endure until his death. He was the leader, the giver, the essential figure. She provided support and allegiance.

Clare would go on to become the first woman to write a rule for other women. She became the foundress of all female Franciscan religious, who number in the tens of thousands today. She had an iron will, a great capacity for physical suffering, and lived a cloistered life of intense and continual prayer. For Clare and her spiritual progeny, the Poor Clares, religion was not primarily an internal disposition. Religion cannot be reduced to mere feelings, pious thoughts, or holy words. It is not a truly great and religious thing to separate the paper from the plastic in the recycle bin. It is a truly great and religious thing to go barefoot, to fast, to abstain from meat, to remain chaste, to wear a coarse habit against the skin, to pray long hours on your knees, to sleep on the floor, and to spend the night shivering in the cold. Such a life is for the few. But there are such few in the world, even today. Of their lives, nothing is counterfeit. Of Saint Clare's life, nothing was counterfeit either.

Saint Clare of Assisi, you chose a radical form of love of God as a cloistered nun. May your example and your prayers inspire all Catholics, especially female religious, to organize their entire lives around God, His Son, and His Church. Amen.

Source: www.mycatholic.life

St Mary of the Cross, Virgin

Feast day 8 August

Solemnity



Born in Melbourne (Australia) in 1842. Died in Sydney on this day in 1909. Took the religious name Mary of the Cross. Responding to the isolation of colonial families, she pioneered a new form of religious life to provide education for their children. She and her sisters shared the life of the poor and the itinerant, offering special care to destitute women and children. Remembered for her eagerness to discover God's will in all things, for her charity in the face of calumny, and for her abiding trust in God's providence.

Source: www.liturgia.com.au

In Our Parish

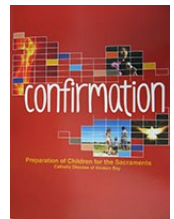
We remember in our prayers, all our dearly beloved who have died.
We welcome into God's family all who were recently baptised.
We pray for the sick of our Parish, especially Moussa (Nancy Kazzi's dad), Brother Mario, and Theresa Gittany (Lila Bacha's mum).



SACRAMENTAL PROGRAM 2021

CONFIRMATION HAS BEEN CANCELLED UNTIL LATER THIS YEAR

Everyone registered should have received an email regarding the Sacramental Program for 2021. If you have not received an email please contact Theresa Neely on 0447 425 077. You can download the enrolment form from our **website** or click the below link:



<https://www.bbcatholic.org.au/ArticleDocuments/11692/Confirmation%20Enrolment%20Form%202021.docx.aspx>

<https://www.bbcatholic.org.au/ArticleDocuments/11692/Information%20for%20Parents%202021.docx.aspx>

Once you fill out the enrolment form please email it with a copy of the baptism certificate to:
arcadia.parish@bigpond.com

POPE FRANCIS' INTENTIONS FOR AUGUST 2021

The Church

Let us pray for the Church,
that she may receive from the Holy Spirit
the grace and strength to reform herself in the light of the Gospel.
AMEN.



COVID 19 RESTRICTIONS—ALL MASSES SUSPENDED UNTIL FURTHER NOTICE

PLEASE WEAR MASKS.

Please use QR CODE or write your name and phone number on the sheets provided at both entries.
Please adhere to social distancing guidelines of 2sqms and sanitize your hands at the door.
Also wipe seats down afterwards with wipes provided at both entries.

IF YOU ARE NOT WELL OR EXPERIENCING FLU-LIKE SYMPTOMS,
PLEASE STAY HOME, ISOLATE AND GET TESTED.

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help: Fr Hilarion 0478 909 541, Lorraine Dailey 0416 081 882, Office for Safeguarding 83791605.

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

Office Hours: Mondays & Fridays:
10.30am to 2.30pm (CLOSED)
Parish Office: 9653 2312
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For all parish Occupational Health & Safety and
Safeguarding Children matters
Contact: Lorraine Dailey on 0416 081 882.

Bank Details for ONLINE only donations:
BSB: 062 784
Acct: 1446 8001
Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund